

## Illness Guidelines

Westminster Christian Academy will follow the guidelines of the Missouri Department of Health and Senior Services (MoDHSS) in determining when a student should be kept home from school due to illness.

If your student is hospitalized, has an extended illness (three or more days), or is diagnosed with a potentially contagious/infectious illness (COVID-19, influenza, mono, strep throat, pertussis, shingles, chicken pox, etc.), contact the health services coordinator (314.997.2901, ext. 6180) in addition to the WCA attendance secretary. This helps us to keep track of illness and illness trends among our students. It also helps us be assured that your child is safe at home.


For the health of your child, other students, and school staff, it is important to know when your child should stay home due to illness.

### Symptoms requiring exclusion from school:

- Fever of 100°F or higher in past 24hrs
- Undiagnosed rash accompanied by fever or itching
- Persistent cough, wheezing or difficulty breathing
- Vomiting or diarrhea within the past 24hrs
- Sore throat with fever or swollen glands
- Symptoms of illness prohibiting student from participating in routine activities
- Eye Discharge (pus) with fever or eye pain

If your child has strep throat or another bacterial infection, he/she should stay home until the antibiotic has been given for at least 24 hours, and your healthcare provider has given permission for your child to return to school.

We encourage you to seek medical attention when your child is ill, and to follow your health care provider's recommendations about returning to school and other activities.

<p><b>Common Symptoms of a Cold, the Flu, and COVID-19</b></p> <p>Learn more at <a href="http://www.nia.nih.gov/flu">www.nia.nih.gov/flu</a></p> 	Common Symptoms	Cold	Flu	COVID-19
	Fever and/or chills		✓	✓
	Headache		✓	✓
	Muscle pain or body aches		✓	✓
	Feeling tired or weak		✓	✓
	Sore throat	✓	✓	✓
	Runny or stuffy nose	✓	✓	✓
	Sneezing	✓		
	Cough	✓	✓	✓
	Shortness of breath or difficulty breathing		✓	✓
Vomiting and diarrhea		✓	✓	
Change in or loss of taste or smell			✓	